

# Parenting Classes

Fall 2011

## Baby 'n Me (1-7 Months)

The first year of life is an exciting time for baby and parents. This course is designed to offer current information, support, and encouragement during these early months of parenthood and to provide an opportunity to meet and share with other parents of young babies. \$82.85

Item #: 8110 M 9/26-11/14 Francie Gass  
Location: FCC 33 1:00p-3:00p

## Baby 'n Me (8-12 Months)

Is your baby "on the move," exploring the world, becoming more social, and "babbling" up a storm? Share the challenges of this age with other parents, make new friends, and learn current parenting guidelines while your active baby explores the stimulating and safe environment in the classroom. \$82.85

Item #: 8115 W 9/28-11/16 Ann Marie Read  
Location: FCC 33 12:30p-2:30p

## Living and Learning with Ones

New words, dumped toys, thrills and spills fill the day of a one year old. No one knows better than a toddler's parent! Plan to spend time with your one year old learning, discovering, and playing as well as separating for parent discussion on topics related to the challenge of this age. \$145.92

Item #: 8145 M 9/19-11/28 Carolina Olza-Kelsh  
Location: FCC 24 9:30a-12:00p

Item #: 8147 W 9/21-11/30 Francie Gass  
Location: FCC 24 9:15a-11:45a

## Time With Twos

Life can be challenging living with the emerging independence of a two year old. Discover why your child won't let go of your leg, demands routines, loves the words "no" and "mine," and other typical behaviors of the terrific twos. You will have an opportunity to learn and play together as well as participate in discussions with other parents of twos. \$145.92

Item #: 8150 T 9/20-11/29 Francie Gass  
Location: Y 2 9:15a-11:45a

Item #: 8152 Th 9/22-12/1 Carolina Olza-Kelsh  
Location: FCC 24 9:30a-12:00p



## Love and Logic for Successful Parenting

Based on the highly acclaimed Love and Logic philosophy developed by Jim Fay and Foster Cline, this one-day workshop unlocks the secrets of successful parenting. Discussions will provide parents with skills to develop a loving relationship while setting limits and boundaries. \$55.23

Item #: 8404 Sa 10/15 Roxann Rose-Duckworth  
Location: HC 115 9:00a-4:00p

## Effective Parenting of School Age Children

Being an effective parent is one of the most challenging tasks in life--as well as one of the most rewarding. This one-day workshop will introduce a practical approach to improving parent-child relations for parents of children ages 6-11 years. \$55.23

Item #: 8186 Sa 11/5-11/5 Ann Marie Read  
Location: Y 2 9:00a-4:30p

## Positive Discipline

Positive discipline is an interactive two-day workshop for parents who want more cooperative, respectful, and joyful relationships with their children. Choose a positive discipline book by Jane Nelson related to the your child's age. Some available in the BTC bookstore. \$82.85

Item #: 8216 Sa 10/22-10/29 Ann Marie Read  
Location: Y 2 9:00a-4:30p

## When Kids Push Your Buttons

Using the book "When Your Kids Push Your Buttons" by Bonnie Harris, this two-session course will raise awareness of the expectations we hold that lead to inappropriate reactions to our children's behavior. Learn how to respond to your child the way you always intended, rather than saying things you swore you never would. \$55.23

Item #: 8415 F 11/4 & 11/18 Francie Gass  
Location: HC 115 6:30p-9:30p

### REGISTRATION INFORMATION

**TO REGISTER IN PERSON:** Come to Bellingham Technical College, College Services Building, 3028 Lindbergh Avenue, Bellingham, Monday-Thursday 8am-4pm, Friday 8am-12pm.

**TO REGISTER BY MAIL:** Complete the registration form and mail, with payment, to: Business Office, Bellingham Technical College, Business Office, 3028 Lindbergh Ave, Bellingham, WA 98225.

**TO REGISTER BY PHONE, FAX:** Call 360-752-8350 with your VISA/MasterCard information, or fax 360-676-2798 with completed registration form and credit card information.

**TO REGISTER ONLINE:** Go to [www.btc.ctc.edu](http://www.btc.ctc.edu)

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